

**Cincinnati CITY SCHOOL DISTRICT
ADMINISTRATIVE PROCEDURES**

Wellness	
Procedure No. 8515-00-01	Eff. Date: 8/16/2018
Implements Board Policy(ies) 8515	Last Reviewed: 8/16/2018

1. Background

Cincinnati Public Schools (CPS) is committed to the development of the whole child and an integrated approach for educating the whole child. CPS will encourage healthy living, social-emotional well-being, personalized academic learning, growth and robust family and community engagement. The District believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, we need to create healthy, positive, and safe learning environments at every level, in every setting, throughout the school year.

2. Responsibilities

Title: Director of Student Services	
Address: 2651 Burnet Ave	
Phone: 513-363-0357	Cell phone:
<p><i>Hold District Wellness Committees.</i></p> <p><i>Encourage coordination and integration between the wellness policy and community and parent health promotion and engagement as well as staff wellness and health promotion along with professional development.</i></p> <p><i>Will encourage wellness activities across the entire school setting.</i></p>	

Title: School Principals	
Address:	
Phone:	Cell phone:
<p><i>Designate one or more school officials to ensure that each school complies with the local wellness policy.</i></p> <p><i>Coordinate local school wellness committees to increase health and wellness promotion at the school level.</i></p>	

Appoint a Wellness Committee Liaison to attend the District Wellness Committee. Encourage modeling healthy behaviors.

Encourage students to be physically active before and after school, as well as taking breaks to move during the school day.

Students will be encouraged to keep hydrated during the school day and use the water bottle filling stations or water fountains.

Ensure Wellness Policy and USDA/ODE regulations are being followed for fundraising, school stores, school based vending machines, and classroom celebrations.

Title: Food Services

Address: 2315 Iowa

Phone: 513-363-0800

Cell phone:

Plan meals to include nutrition guidelines to promote student health and reduce childhood obesity for all foods available in each school. All meals approved under USDA guidelines during breakfast and lunch periods.

All school nutrition program directors, managers, and staff will meet or exceed hiring and annual continuing education/training requirements in the USDA professional standards for child nutrition professionals.

All foods and beverages made available for sale on school properties will adhere to the District's food safety and security standards.

Make free, safe, unflavored drinking water available where school meals are being served.

Presentation to Board each May to attest to adherence of Wellness Policy and USDA/ODE regulations are being followed for fundraising, school stores, school based vending machines, and classroom celebrations.

Title: Health Services

Address:

Phone:

Cell phone:

Chairs District Wellness Committee.

Identify student health problems that may affect school performance.

Working with families to ensure that health problems are resolved and helping

families remove barriers to health care.

Develop health plans for students with chronic illnesses.

Gather data on student health factors and make decisions based on needs determined by data.

Title: Science/PE Curriculum Manager	
Address:	
Phone:	Cell phone:

3. Action Steps

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4. Equity Considerations

<i>Permit parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the local wellness policy.</i>
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5. Related Documents / Forms

Document Title	Description	Last Reviewed
1. Goal Area 3	<i>Employee Wellness Program</i>	<i>8/2018</i>

2. Goal Area 4	<i>School Meals Policy Guidelines</i>	<i>8/2018</i>
3. Goal Area 5	<i>Physical Activity</i>	<i>8/2018</i>

6. Additional Information

Describe any additional information relevant to the implementation of the policy.